



Andrea White

Cyclical Creativity

a year of cyclical living & living creatively

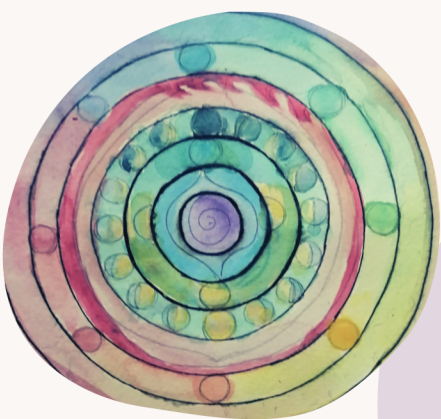
Online Group Courses



6- 8 week deep dive courses throughout the year, Exploring the connection between all aspects of our cyclical nature and creativity- all designed to help us align with the ebbs and flows of life.

Starting from R1300 a month or 1900 per course

Creativity Workshops



Play, discuss, write, create, and connect together and with nature.

Discover the meaning of creativity in our lives and the impact of the seasons and our cyclical patterns on our inspiration. Experience self-expression and creativity in a relaxed, accepting environment.

each Workshop/Circle R300

Bad Art Club



Not all art has to be a masterpiece'. Break the patterns of perfection and learn to create and make for creativity sake. Share your 'bad art' in a fun and supportive group meeting online every month "done is better than good"

Starting from R 150 a month

Yoga with Andrea..



Every Thursday 8.30am- Yoga Steps Studio

Intuitive nurturing yet empowering yoga, movement and meditation. This is for you if you are looking to connect to yourself, listen to your intuition, feel acceptance, balance and gratitude.

Starting from R12 drop or 5 and 10 class pass

Seasonal Talks



Seasonal online talks on specialist subjects, from cycle awareness to guest speakers. more details to follow throughout the year.

Free or Donation to cause of the season.